

20% OFF

a taste of

ITALY

p47



### Interview Martin Clunes

'My acting's just dressing up and prattling around'

p12



FREE!

### Diana Henry's menu Pork chops with sweet-sour peaches

A deliciously fruitful combination for a summer's day

p24



BY APPOINTMENT TO  
HER MAJESTY THE QUEEN  
GROCER AND WINE & SPIRIT MERCHANTS  
WAITROSE LIMITED, BRACKNELL



BY APPOINTMENT TO  
HIS ROYAL HIGHNESS THE PRINCE OF WALES  
GROCER AND WINE & SPIRIT MERCHANTS  
WAITROSE LIMITED, BRACKNELL

# Waitrose

23 AUGUST 2018

NEXT EDITION OUT ON 6 SEPTEMBER

# weekend

Weekend reports from behind the scenes of the famous tent, p6

Find out about this year's bakers at [waitrose.com/meetthebakers](http://waitrose.com/meetthebakers)  
The Great British Bake Off, Tuesday, 8pm, Channel 4



## Bake Off's magic ingredient

A cocktail called Hollywood Fizz proved popular after a day's filming, says Sandi Toksvig as the show returns

Paul Hollywood impressed the cast and crew of The Great British Bake Off with a cocktail he invented during the filming of the latest series.

Presenter Sandi Toksvig said they enjoyed the drink made with elderflower, ginger ale, fresh ginger pulp and gin in the bar after the cameras

had been turned off for the day. 'It's a very good drink,' she added. 'It's called Hollywood Fizz.'

She also revealed she spent her downtime in the famous tent crocheting a baby blanket for co-host Noel Fielding's first child Dali, born in April.

Toksvig made the comments when Weekend interviewed her with the

show's judges Hollywood and Prue Leith, and fellow presenter Fielding.

Meanwhile, Leith revealed how she appears to have won over even the most ardent Mary Berry supporters after replacing her as a judge.

Fans often tell her they were pleasantly surprised by the show after its move to Channel 4 last year. 'People

come up to me and say: 'I really love Mary Berry!'"', said Leith.

'And I say: "Well, so do I. It's okay, you're allowed to like her." They say: "Well, I didn't want to watch the programme at all!"'

She added: 'Then they say "but it's terrific!" as if they... dare like the new version.'

Presenters Mel Giedroyc and Sue Perkins, along with Berry, left when Bake Off moved from the BBC after seven series.

Despite initial misgivings among the show's loyal following, Leith's new partnership with Hollywood has proved popular, alongside the off-beat pairing of Fielding and Toksvig.

**Garden**  
With Alan Titchmarsh

# Finding the way

How one man overcame challenges to become a renowned garden designer



**OPEN PLAN** Mark Lane (below) and one of his designs for Strode Park (left), a disability residential charity

depression, so it's essential to find out what an individual is able to do – and what they would like to do. For example, you might think of raised beds, but although they lift the soil up to a better height, a lot of people can't turn their upper torso to work in them. Stable paths at least 1.2 metres wide (ideally 2 metres) are essential to fit a wheelchair of any size, and planting densely and choosing mainly perennials that only need cutting back once a year makes life easier.

'Long-handled tools and a litter-picking grabber are really useful, and at home we have roll-out tracks so I can get into the middle of deep beds. I've planted low privet hedges I can prune from my seated position and although I use raised gravel boards at the edge of beds to prevent my wheelchair rolling into them, I've been careful to avoid any other raised areas in the garden. Outdoor lighting needs careful consideration too because it's easy for lights to dazzle anyone who is at wheelchair height. Things like that really make a difference.'

We're currently in Gardens and Health Week, run by the National Garden Scheme, and Mark Lane has teamed up with the NGS and Leonard Cheshire, the international charity supporting the disabled, to promote gardening's benefits. This autumn, he will also be designing a garden for one of the charity's care homes, Agate House near Bedford, funded by the NGS. I know his thoughtful plans will be much appreciated by everyone who uses that space for years to come.

To find out more about Mark Lane's work, visit [marklanedesigns.com](http://marklanedesigns.com)



'I've recently designed a garden for the Strode Park Foundation, a disability residential charity, with a layout based on the shape of water droplets as the garden leads directly off a new aquatherapy centre. I also did a design for Pilgrims Hospices in Kent, to allow patients in wheelchairs and in beds to go outside with ease.'

'Gardening is something anyone can do, no matter what their disability. It's just a question of finding ways to make it possible. There's a multitude of physical and mental disabilities, from chronic arthritis to

Presenting garden makeover programmes on television has taught me a lot over the years about designing a space with disabilities in mind. However, Mark Lane, who has become a regular face on BBC's *Gardeners' World*, knows more than most about it. He's been a wheelchair user since a car accident in 2001 and now designs gardens for a living.

'I grew up in an apartment in Hove,' he says, 'but every weekend we visited my grandparents who had a very large garden, and my grandfather used to teach me about plants, which I loved. Then later, when I was working in publishing, my garden had a makeover for



a book, and that sparked my interest in garden design.

'After my accident, I wasn't sure what to do with my life for a long time, but one day my partner, Jason, suggested doing something that would use my knowledge of plants, and I started trying to find a college that would accept someone in a wheelchair on a garden design course.'

'At that time, 17 years ago, most weren't adapted for wheelchairs, and I was even told by two tutors I wouldn't be up to the physical work. But eventually I found an online course that I passed with flying colours. I now design gardens both in the UK and abroad, including some specifically for people who have disabilities.'

## What I'm doing in the garden this week

**MAINTAINING**  
Keep hanging baskets looking good by watering, deadheading and feeding them for another month or so.



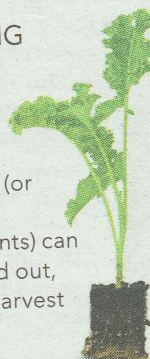
**MOVING**  
Once the weather cools a little, relocate any shrubs that need moving so that they can get re-established before winter.

**HARVESTING**  
Autumn raspberries should be ready to pick. Afterwards, cut the plants down to the ground.



**PLANTING**  
New trees, shrubs, climbers and perennials can be planted now if the ground is not too dry.

**PLANNING AHEAD**  
Spring cabbages raised from seed (or bought as young plants) can be planted out, ready to harvest next year.



## A helping hand

**Waitrose Garden Professionnelle Gloves**, £8/pair  
These flexible and comfortable gloves are perfect if you are planning to start moving shrubs or are planting new climbers around now. Available in store.

